

ABSTRACT

An optical fiber connecting method not causing any damage to the optical fibers and enabling effective use of space and an optical fiber connection structure formed by 5 the method. The optical fiber connection structure is for connecting optical fibers by means of a component for connecting optical fibers comprising two plugs for aligning at least two optical fibers and connecting them and an adapter for fixing the plugs. Each plug in which an optical 10 fiber is inserted is attached to an adapter in the direction perpendicular to the axial direction of the optical fiber, and the plug and adapter are fixed. A modification may be made in which a latch member is provided to at least one of the plug and adapter, a latch engaging section is provided 15 to the other, the latch member is engaged with the latch engaging section, and the plug and adapter are fixed. Another modification may be made in which a pair of plugs with ferrules and a ferrule aligning member are used, and the ends of the opposed ferrules are inside the ferrule 20 aligning member.